

Activity	Day	Time	Adult Activities		Childrens Activities
			Room	Instructor	Phone
Cairde Before and After School	Monday	7.30am - 8.40am	Hall	Caroline Connolly	083 1534896
Chestnut Montessori	Monday	9.00am - 1.00pm	Montessori	Becca	085 7755146
Strength and Conditioning	Monday	9.15am - 10.00am	Hall	Grainne Hagan	087 3892750
The Fitness League	Monday	10.30am - 11.30am	Hall	Valerie Williams	01 2988550
Foroige- Autism Friendly Youth Group	Monday	7.00pm-8.00pm	Mon/Conf	Linda Proudfoot	085 7276760
Yoga Beginners	Monday	7.30pm - 8.30pm	Hall	Paul Bracken	086 3446411
Yoga Advanced	Monday	8.30pm - 9.30pm	Hall	Paul Bracken	086 3446411
Cairde Before and After School	Monday	1.30pm - 6.30pm	Hall and Various	Caroline Connolly	083 1534896
Cairde Before and After School	Tuesday	7.30am - 8.40am	Hall	Caroline Connolly	083 1534896
Chestnut Montessori	Tuesday	9.00am - 1.00pm	Montessori	Becca	085 7755146
Cardio and Weights	Tuesday	9.30am - 10.30am	Hall	Jean McDonnell	087 6130714
Yoga Sylvia Ferguson	Tuesday	10.45am - 11.45am	Hall	Sylvia Ferguson	087 6822362
Hall in Use Weekly	Tuesday	12.00pm-1.00pm	Hall	###	###
Cairde Before and After School	Tuesday	1.30pm - 6.30pm	Hall and Various	Caroline Connolly	083 1534896
Pilates	Tuesday	7.15pm-8.00pm	Hall	Grainne Hagan	087 3892750
Pilates	Tuesday	8.15pm - 8.50pm	Hall	Grainne Hagan	087 3892750
Cairde Before and After School	Wednesday	7.30am-8.40am	Hall and Various	Caroline Connolly	083 1534896
Chestnut Montessori	Wednesday	9.00am - 1.00pm	Montessori	Becca	085 7755146
Pilates	Wednesday	9.30am-10.30am	Hall	Grainne Hagan	087 3892750
Cairde Before and After School	Wednesday	1.30pm - 6.30pm	Hall and Various	Caroline Connolly	083 1534896
Karate for Beginners	Wednesday	6.45pm - 7.45pm	Hall	Brendan Whooley	086 0887210
Cairde Before and After School	Thursday	7.30am-8.40am	Hall and Various	Caroline Connolly	083 1534896
Montessori	Thursday	9.00 am - 1.00pm	Montessori	Becca	085 7755146
Yoga	Thursday	9.30am-10.30am	Hall	Sylvia Ferguson	087 6822362
Corus Adult Choir Group	Thursday	11.00am - 1.00pm	Hall	Fiona	086 9192615
Cairde Before and After School	Thursday	1.00pm - 6.00pmm	Hall and Various	Caroline Connolly	083 1534896
Cairde Before and After School	Friday	7.30am - 6.30pm	Various	Caroline Connolly	083 1534896
Chestnut Montessori	Friday	9.00 am - 1.00pm	Montessori	Becca	085 7755146
Strength and Conditioning	Friday	9.15am - 10.00am	Hall	Grainne Hagan	087 3892750
Cairde Before and After School	Friday	1.00pm - 6.00pm	Hall and Various	Caroline Connolly	083 1534896
Czech School	Saturday	9.30am - 2.30pm	Montessori	Petra Miletinová	087 2959548
Czech Language School	Saturday	9.30am-2.30pm	Upstairs	Petra Miletinová	087 2959548
Spanish	Saturday	10.00am - 12.00pm	Conference	ASPI	info@aspi.ie
Czech Language School	Saturday	1.00pm-2.30pm	Conference	Petra Miletinová	087 2959548
Pilates	Sunday	9.30am-10.30am	Hall	Grainne Hagan	087 3892750
Karate ☐	Sunday	11.00am - 12.00pm	Hall	Brendan Whooley	086 0887210

Community Facility of the Year 2017



Cáirde Before and Afterschool Childcare Service

Email: caroline@bcyc.ie

Monday - Friday

Meals on Wheels

Email: helen@bcyc.ie

Monday - Friday

Room Bookings

Email: evelyn@bcyc.ie

Monday - Sunday



